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**COURSE TITLE : Organizational
Behavior**

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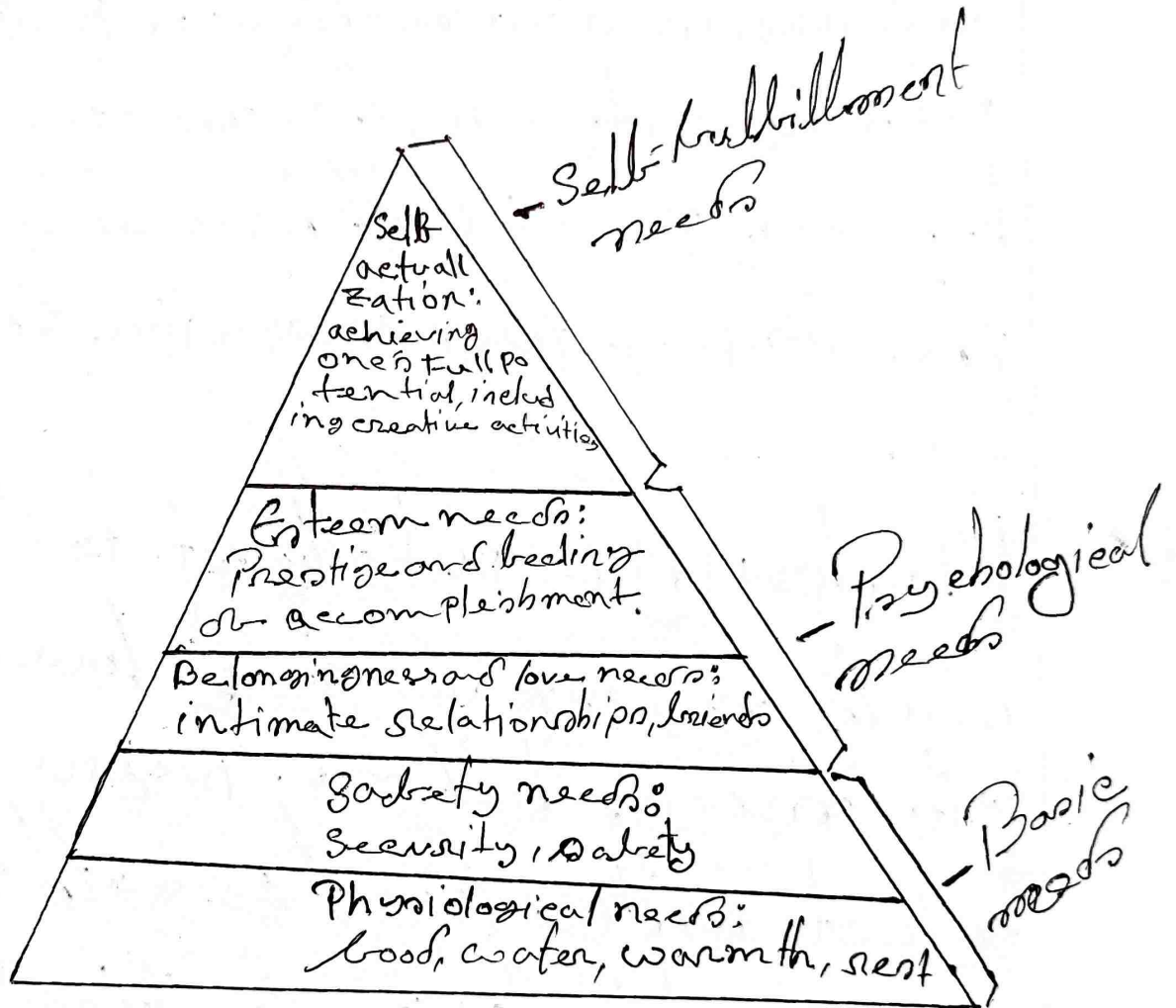
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Course title: organizational Behavior

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Ans: the to Q. N (1)

① Maslow's Hierarchy of needs with a proper diagram:



Deficiency needs vs growth needs

This five stage model can be divided into deficiency needs and growth needs. The first four levels are deficiency needs and the last level is a growth need.

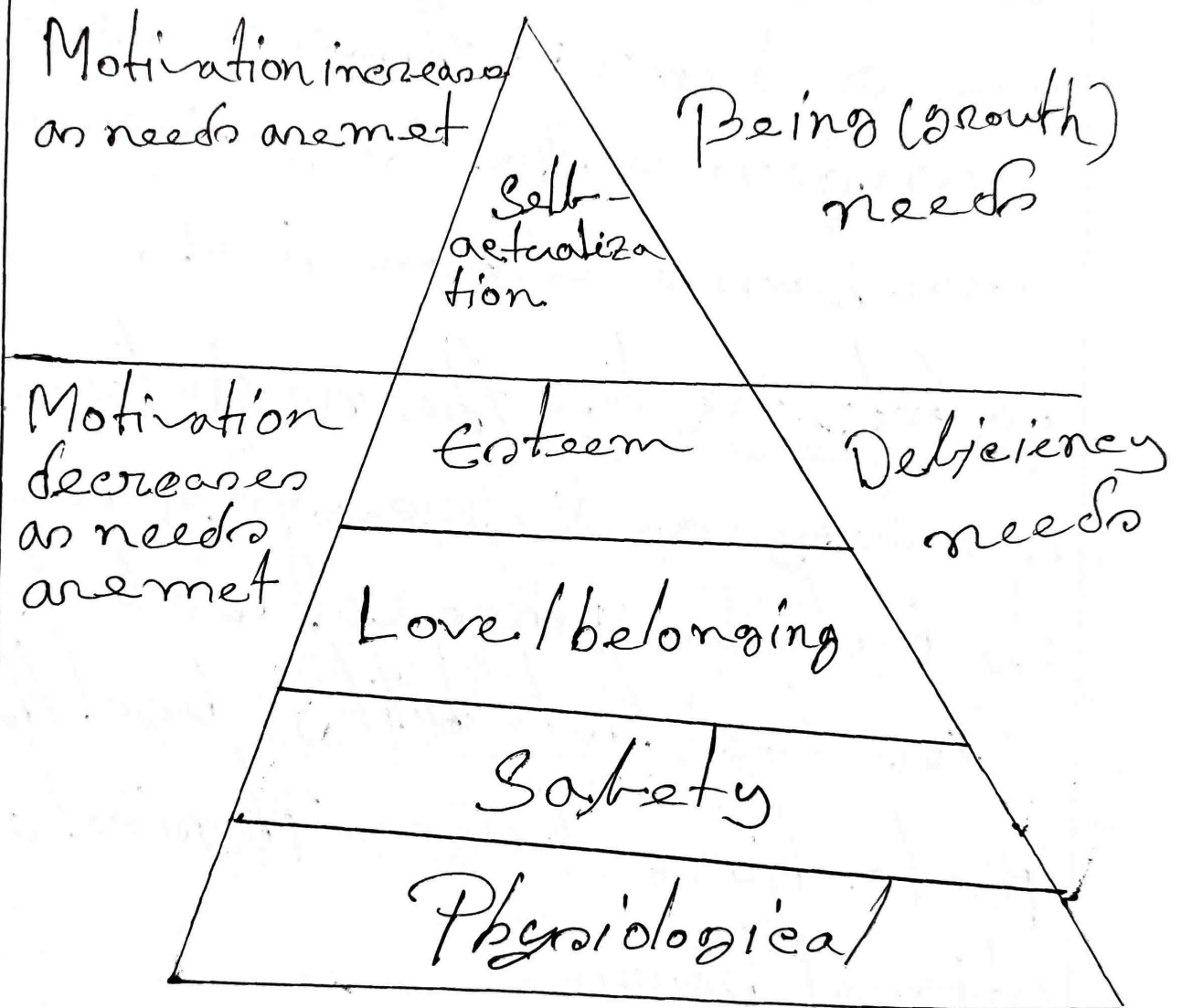
(2)

ered to as deficiency needs and the top level is known as growth or being needs. Deficiency needs arise due to deprivation and are said to motivate people when they are unmet. Also, the motivation to fulfill such needs will become stronger the longer the duration they are denied.

Maslow (1943) initially stated that individuals must satisfy lower level deficiency needs before progressing onto meet higher level growth needs. However, he later clarified that satisfaction of a need is not an all-or-none phenomenon, admitting that his earlier statements may have given the false impression.

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that a need must be satisfied 100 percent before the next need emerges



Maslow's Hierarchy is presented as a pyramid with five levels, from the base to the top:

Physiological needs: At the base of the Pyramid are basic Physiological needs such as food, water, shelter, and sleep. These are the most fundamental requirements for human survival.

Safety needs: The next level involves safety and security needs, which include personal safety, financial stability, health, and protection from physical and emotional harm.

Love and Belongingness: Above safety needs, there are social needs, which encompass the desire for

Love, friendship belonging, and a sense of community.

Esteem Needs: The fourth level includes self-esteem and the need for recognition, respect, and a positive self-image. This level is divided into two subcategories: self-esteem derived from respect from others external and self-esteem from accomplishments internal.

Self-Actualization: At the top of the Pyramid is self-actualization, representing the highest level of human potential.

This involves personal growth, self-fulfillment, creativity, and the realization of one's full potential. Instead of focusing on psychopathology and what goes wrong with people, Maslow 1943 formulated a more positive account of human behavior which focused on what goes right. He was interested in human potential and how we fulfill that potential.

Psychologist Abraham Maslow 1943, 1954 stated that human motivation is based on people seeking

Maslow's theory suggests that people strive to satisfy these needs in a hierarchical order, with lower-level needs taking precedence over higher-level ones. Once lower-level needs are adequately met, individuals can focus on fulfilling higher-level needs.

The expanded hierarchy of needs:

It is important to note that Maslow's five-stage model has been expanded to include cognitive and

aesthetic needs (Maslow 1970a)
and later transcendence needs.

* Biological and physiological needs - air, food, drink, shelter, warmth, sleep.

* Safety needs - protection from elements, security, order, law, stability, etc.

* Love and belongingness needs - friendship, intimacy, trust and acceptance, receiving and giving affection and love. Affiliation, being part of

* Esteem needs - esteem for oneself, dignity, achievement, mastery, independence and then etc.

* Self actualizing personal potential.

Ans: to the Q. No (2)

Q Explain theory X and theory Y

Definition: Theory X and theory Y are part of motivational theories. Both the theories, which are very different from each other, are used by managers to motivate their employees. Theory X gives importance to supervision, while theory Y stresses on rewards and recognition.

Explain: Theory X and Theory Y follow different methodologies of keeping people motivated. Theory X follows an authoritarian approach to motivate people. One of the key assumptions in this approach is that the average employee doesn't like work and will do anything to avoid it.

The other assumption under Theory Y is that the employees need to be threatened or coerced to work towards the organizational goals.

Theory X and Theory Y are two contrasting management theories developed by Douglas "McGregor" in the 1960s. These theories represent different views of human nature and motivation in the workplace:

Theory X,

Assumptions Theory X assumes that employees are inherently lazy, dislike work, lack ambition, and seek to avoid responsibility. Management styles, in this theory managers tend to adopt a more

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authoritarian and controlling approach. They believe that strict supervision, coercion, and the threat of punishment are necessary to get employees to work effectively.

Communication: Communication is typically top down, and decision making is centralized. ~~Motivation~~

Motivation: Theory X managers often rely on external rewards and punishments to motivate employees such as financial incentives or the fear of job loss.

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Theory Y,

Assumptions theory Y, on the other hand, assumes that employees are not inherently lazy but have the potential to be creative, enjoy work and responsibility, and can be self-motivated.

Management style: Managers who subscribe to theory Y tend to adopt a more participative and empowering management style. They believe in giving employees more autonomy and involving them in decision-making.

Communication: Communication is more open, and decision-making is decentralized, within input from employees.

Motivation: Theory Y managers believe that intrinsic motivation like the satisfaction of doing meaningful work, can be more effective in motivating employees. They encourage personal growth and development.

These theories reflect different beliefs about how managers should interact with employees and with employee and what

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motivates individuals in the workplace. It's worth noting that McGregor's intention was to encourage a shift towards theory Y, as he believed it would lead to a more positive and productive work environment. However, the applicability of these theories can vary depending on the context and individual circumstances within an organization. They will and responsibility and the managers have to supervise them at every.

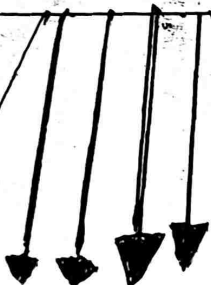
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The workers are more participative and try to solve problems on their own without relying on superiors or guidelines. This type of management is common than theory. In this type of management they even a small employee can participate in the decision making process. The idea of punishment people to keep the work going, while under theory promotions, rewards, or recognition play an important part

"Theory X"

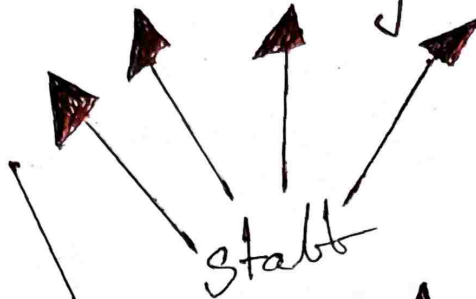
Management

Theory X - authoritarian
suppressive style. tight
control, no development,
produces limited, depressed
culture.



Stable

"Theory Y"



Theory Y - Liberating and development
control, achievement and contin-
uous improvement achieved by
enabling, empowering and giving
responsibility.



Management

Ans: to the Q. No (3)

3.1 Sources of Emotions and Moods Discuss:-

Emotions and moods can arise from a variety of sources, and they play a significant role in our daily lives and decision-making processes. Here are some key sources of emotions and moods:

Biological: Emotions can be influenced by biological factors such as genetics and brain chemistry. For example, imbalances in neurotransmitters like serotonin can contribute to mood disorders like depression.

Environmental factors: External events and surroundings can trigger emotions and moods.

Positive events like a promotion at work can lead to happiness, while negative events like the loss of a loved one can lead to sadness.

Social factors: Interactions with others, including social support and relationships, can influence emotions. Positive social interactions can boost happiness, while conflicts or social isolation can lead to negative emotions.

Cognitive factors: Thoughts and perceptions also play a role in shaping emotions and moods. For instance, interpreting a situation as a threat can lead to fear or anxiety.

While interpreting it as an opportunity can lead to excitement.

Cultural factors: Cultural norms and values can influence how emotions are expressed and experienced. Different cultures may have varying expectations for how emotions should be displayed or regulated.

Psychological factors: Personal beliefs, attitudes, and coping strategies can affect emotions and moods. People with strong resilience and coping skills may better manage negative emotions.

Physiological factors: Physical health and well-being can impact emotions. Factors such as sleep, nutrition, and exercise can affect mood stability.

Chemical substances: The use of drugs or alcohol can alter brain chemistry and lead to changes in mood. Substance abuse can result in both short-term and long-term mood disturbances.

Hormonal changes: Hormonal fluctuations, such as those experienced during menarche, pregnancy, and P.M.O.

or menopause, can influence mood swings in individuals.

Trauma and Past Experiences:

Post traumatic experiences can have a lasting impact on emotions and moods. Individuals who have experienced trauma may be more prone to anxiety, depression, or post traumatic stress disorder.

Personal goals and expectations:

Pursuing personal goals and meeting or failing to meet expectations can trigger a range of emotions. Suce-

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ess can lead to feelings of accomplishment, while setbacks can result in frustration or disappointment.

Day to Day Stressors: Everyday stressors, such as work deadlines, traffic jams, or financial pressure can lead to transient mood changes and emotions like frustration or irritability.

It's important to think that emotion and moods are complex and often these factors influence

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by a combination of these factors. Understanding the sources of emotions can be helpful in managing and regulating them effectively. Additionally seeking support from mental health professionals when needed can provide valuable tools for the emotional well being some them.

Sleep: I bet that sleep is by far your anxiety savior. Indeed, sleep quality does affect mood. If you are tired you are more likely to feel bitter, angry and hostility, and there more, it can impair decision-making

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Exercise: Another favourite no
 It should be in fact exercise enhances
 our positive mood. This is especially
 good for depressed people.

Age: Negative emotions seem to
 occur less, as people get older. High-
 ly positive moods last longer for
 older individuals while bad moods
 fade more quickly than for you-
 nger people. Emotional experience
 improves with age.

Weather: Have you heard of
 illusory correlation? It is the tend-
 ency of people to associate two
 P. & O

events when in reality there is no connection. Many people think so, but the weather has little influence on our mood.

Gender: Women are more emotionally expressive than men. They experience them more intensely and hold onto emotion longer than men. They display more frequent expressions of positive and negative emotions, except anger. This is because men are taught to be tough and brave. Women are social and nurturing so they show more positive mood.

Answer to The Q. No (4)

(4) Demonstrate how an ethical culture be created:

Created an ethical culture within an organization requires a concerted effort and commitment from leadership and employees. Here are steps to demonstrate how it can be achieved

Leadership commitment: Leadership must set the tone by prioritizing ethics and demonstrating ethical behavior themselves. This commitment should be communicated clearly to all members of the organization.

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Code of conduct: Develop a comprehensive code of conduct that outlines expected ethical behavior, including guidelines for integrity, honesty, and respect. Ensure that this code is easily accessible to all employees.

Ethics training: Provide regular ethics training and education to employees at levels. This should include real-life scenarios, case studies, and discussions to help employees understand ethical dilemmas. Ethics and compliance professionals talk about building an ethical culture so often that sometimes I worry about that

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Open communication: Foster an environment where employees feel comfortable reporting unethical behavior without fear of retaliation. Establish confidential reporting channels such as an ethics hotline or anonymous reporting system.

Lead by Example: Encourage leaders and managers to lead by example, showcasing ethical behavior in their decision-making processes and interactions with others.

Accountability: Implement a system of accountability for ethical violations. Ensure that consequences for unethical

behavior are fair and consistent

Rewards and Recognitions

Recognize and reward employees who consistently demonstrate ethical behavior and integrity. This reinforces the importance of ethical within the organization.

Transparency: Maintain transparency

in decision-making processes and company policies. When possible, involve employees in decision that may have ethical implications. That it can become something of a crash, causing too big or an accident for how much

Regular Assessments:

conduct periodic ethical culture Assessments to gauge the effectiveness of your efforts and identify areas that may need improvement.

Continuous improvement: ethical culture

is an ongoing process. continuously refine and adapt your strategies to address emerging ethical challenges and changing organizational dynamics.

External standards: consider adopting external ethical standards or certifications relevant to your industry, which can help guide and benchmark your ethical practices.

Feedback Mechanisms: Encourage feedback from employees regarding the ethical culture and listen to their concerns. Address issues promptly and transparently.

Collaboration and Inclusivity: Foster a culture of inclusivity and collaboration, where diverse perspectives are valued and ethical decision-making is a collective effort. The ethical way, the employees is putting a commitment to ethical principles where principles commercial gain them gain.

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Community Engagement & Extend

Your community to ethics commitment to ethics beyond to organization by engaging in ethical community initiatives or supporting ethical causes.

Remember that creating an ethical culture is an ongoing journey and it requires consistent effort communication, and reinforcement it should be an integral part of the organization's values and identity

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Importance →

For example, as much as we all love a strong internal reporting system most employees report their concerns to the managers. Most employees also take their cue about how to behave from managers. So training managers about how to weave ethical standards into the company daily routine is critical.

Ethisphere recently published a report looking at the role managers play in promoting a speak up culture. The P.T.O

Research shows that across numerous criteria - from how often employees say they observe misconduct, to how often they report it to how much they bear retaliation and so forth - the more managers know about ethics, the better employees rated their company's culture.

Business training will always be important, employees will always need to want to know what the law says about bribery, on Privacy, on collusion or whatever else comes along. Culture however is much more

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than training. But of internal Practices, norms, and expectations. So ethics and compliance programs must work with middle managers on what those Practices, norms, and expectations are, and how to base them on the company's ethical principles. That's where you win or lose this battle.

Something as simple as lying on business travel, or copying or hiring a superstar sales executive for harassment or corruption - those acts get noticed